

My Baby Brother Is Here

A social story to
help children adjust
to a new baby



speechiemomsjournal



My baby brother is finally here! I waited a long time to meet him. I thought we could play together right away.



When I saw him, he was very small. He sleeps a lot and sometimes cries loudly. That can feel confusing or even a little disappointing.



But crying is how babies talk. When the baby cries, he might be hungry, sleepy, or need a diaper change. He is not angry, and he is not trying to upset me.



Right now, the baby cannot play the games I like. He is still learning to see, move, and smile. One day, he will grow and learn to play too

There are many things I can do now as a big brother: I can talk softly to the baby. I can help Mom or Dad bring a diaper or blanket. I can sing or smile at the baby.



These
small
things help
the baby
feel safe
and loved.



Sometimes, I might feel like I miss the attention I used to get. That's okay. Mom and Dad still love me just as much.



I can tell them when I want a hug,
quiet time, or to do something
special together.



Being a big brother means being patient and kind. It also means having someone who will love me forever. The baby will grow up, and soon, we'll laugh and play together.



This book belongs to:

